

Breast Reduction Surgery

Siobhan is a 38 years old nurse, who had breast reduction recently. This is her account of her experience:

'Before having my breast reduction I suffered with chronic back pain for approximately fifteen years, therefore it had an impact on my daily and social life which left me with no motivation to do very much. Following my surgery which required one overnight stay my life has changed for the better. I had some minimal discomfort for around two weeks which was controlled with regular analgesia. I was able to commence driving the following week and returned to work precisely two weeks later from the day of the operation. The best thing about having my breast reduction is that my back pain is now much improved, I now exercise and have a full social life'

Before breast reduction



2 weeks after breast reduction

